

Build Meaningful Connections, Choose the Right Rooms, and Network With Intention

1. DEFINE YOUR NETWORKING INTENTIONS

What's the purpose behind my networking right now?

(What am I hoping to create, strengthen, or expand?)

How do I want people to feel when they meet me?

(First impressions matter. Calm? Curious? Confident? Warm?)

What value do I want to bring into every room?

(Insights, introductions, resources, encouragement)

ASSESS THE ROOM BEFORE YOU ENTER

Is this room aligned with my ideal clients or those connected to them?

Yes No | Notes: _____

Are the people here invested in their business?

Yes No | Notes: _____

Is this event designed for relationship-building rather than pitching?

Yes No | Notes: _____

SET CLEAR CONNECTION GOALS

Who are two people I'd love to meet or learn more about today?

1. _____

2. _____

What value can I offer others in this room?

(Think resources, introductions, encouragement, or expertise)

SHOW UP WITH PRESENCE & INTENTION

Before entering the room, check in with yourself:

- I'm grounded and fully present
- I'm open, warm, and curious
- I'm here to connect, not pitch
- I'm ready to listen more than I speak
- I'm approaching everyone with worthy intent

2. RELATIONSHIP-BUILDING FOLLOW-UP**Who did I meet today?**

(Write a few names, roles, or key details)

Who do I want to nurture a deeper relationship with? Why?

What follow-up actions will I take within 24 hours?

- Personalized email
- Share something of value
- Invite a next step
- Connect on LinkedIn
- Add notes to CRM / relationship tracker

Follow-up notes:

Reflect: What opportunities emerged today?

(Connections, introductions, ideas, collaborations, insights)

3. EXPLORE THE RIGHT COMMUNITY

What kind of networking community am I looking for?

(Collaborative? Growth-driven? Structured? Highly relational? Local? Global?)

What do I want more of in my networking experience?

(Visibility, referrals, support, leadership opportunities, learning)

Questions I have about eWomenNetwork:

1. _____
2. _____
3. _____

Would I like to explore whether eWomenNetwork aligns with my business goals?

Yes No Maybe

HOW I CAN SUPPORT YOU



Lynn Whitbeck
Strategic Sales Queen

Build Your Strategic Networking Plan

If you'd like support creating a customized networking strategy, identifying the right rooms, and designing a follow-up system that works, I'd love to help.

[Schedule Your Complimentary Sales Strategy Session](https://P2Q.Link/WinWin)

(<https://P2Q.Link/WinWin>)

Explore eWomenNetwork with Lynn

If you're curious about a community of serious, generous business owners with 50+ chapters across North America (and expanding globally), let's talk.

[Schedule a Chat About eWomenNetwork](https://calendly.com/p2q/ewomen-meet-with-lynn)

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